



Free & Affordable Food in Islington

■ Foodbank / pantry / surplus food (top)
■ Hot meal / café (below)
★ = one of Islington's largest food services, shown first

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
★ Muslim Welfare House Seven Sisters Rd, N4 — from 8.30am (time varies throughout the year). Free. Foodbank. Caxton House N19 3RQ — From 12.30pm. Free. Bread & cakes when available. Hilldrop Community Centre N7 0JE — 11am–2pm. Free. Surplus food & bread when available. The Margins Project Union Chapel, N1 2UN — Mon 11am–1pm. Free. Sit-down meal, takeaway, showers, laundry & advice. <i>Drop-in.</i> Pack Up Lunch St James Church, N1 8PF — 12 noon. Free. Hot meal. St. Gabriel's Community Centre (The Cabin) N19 4NH — 7.30–9am. Free. Daily breakfast.	★ Elizabeth House Food Hub Elizabeth House, N5 — 11.30am–1pm. £3 (pay what you can). Food hub / pantry. St. Giles Pantry Hillside Clubhouse, N7 9GJ — 2–4pm. £4.50 per visit. Food pantry. Living Water Foodbank St Augustine's Church, N5 2DR — 2–3.30pm. Free. Mainly tinned & packaged food. St. Gabriel's Community Centre (The Cabin) N19 4NH — 7.30–8.30am. Free. Breakfast every day. The Margins Project Union Chapel, N1 2UN — 11am–1pm. Free. Sit-down meal, takeaway, hot showers, laundry & advice. <i>Appointment needed.</i> FoodCycle Old Street Vibast Community Centre, 167 Old Street, EC1V 9NH — 7–9pm. Free. Hot community meal. Open to everyone, no referral required.	★ Muslim Welfare House Seven Sisters Rd, N4 — from 8.30am (time varies throughout the year). Free. Foodbank. ★ The Hive Foodbank St Mary's Hornsey Rise, N19 — 6.30–8.30pm. Free. Foodbank (N4, N19, N7, N8 catchment). Referral needed. ★ St Luke's Community Shop & Cafe St Luke's Community Centre, EC1V — 10am–4pm. £5 per visit. Community shop & café. ★ The Peel Community Food & Support Club EC1R 0HU — 11am–12.30pm. £3 (£5 families). Fresh food, household items, workshops & advice. scarlett@thepeel.org.uk ★ Brickworks Food Bank N4 4BY — 12–3pm. £3 per visit. Food parcels. MG Food Co-Op 9 Manor Gardens, N7 — 11am–12noon. £3 per visit. Food shopping. St. Giles Pantry Hillside Clubhouse, N7 9GJ — 9.45am–4pm. £5.50 per visit. Food pantry. St. George's Wellbeing Cafe N7 0NS — 12–1pm (term time). Free. Hot meal. St. Gabriel's Community Centre (The Cabin) N19 4NH — 7.30–8.30am. Free. Breakfast every day. FoodCycle Islington New River Baptist Church, N1 — 1pm. Free. Hot meal. The Margins Project Union Chapel, N1 2UN — 11am–1pm. Free. Sit-down meal, takeaway, showers, laundry & advice. <i>Drop-in.</i>	★ Copenhagen Street Foodbank Blessed Sacrament Church, N1 — 1–3.30pm. Free. Foodbank. St. Giles Pantry Hillside Clubhouse, N7 9GJ — 9.45am–2pm. £5.50 per visit. Food pantry. Harry Rice Hall N19 5JW — 10am–12.30pm. Free. Food pantry. Grandma's Soup Mildmay Community Centre, N16 — 11am–1pm. Pay as you can. Cooking activity & soup (soup served from around 12.30pm). Hearty Thursdays Hillside Clubhouse, N7 9GJ — 12.30pm. Free. Meal, vegan & halal options available. St. Gabriel's Community Centre (The Cabin) N19 4NH — 7.30am–12.30pm. Free. Breakfast & lunch.	★ Andover Surplus Food Project Andover Community Centre, N7 — 1.30pm. Free. Foodbank (5 free items). ★ Hargrave Hall N19 — 4–7pm. Free. Free pantry. Mildmay Community Food Hub Mildmay Community Centre, N16 — 11.30am–1.30pm. £1 per visit (free for homeless/NRPF). Food co-op. St. Giles Pantry Hillside Clubhouse, N7 9GJ — 9.45am–4pm. £4.50 per visit. Food pantry. Our Forgotten Neighbours Foodbank Finsbury Park, Lidl entrance, N4 2DE — 2–4pm. Free. Foodbank & soup kitchen. Cook Together St Mary's Hornsey Rise, N19 — 12–2pm. Free. Cooking class & hot meal. (<i>resumes 2 Oct</i>) St Luke's EC1V 5SP — 5–6pm. Free. Dinner. Jean's Café Jean Stokes Centre, N1 — 1–3pm. Pay-what-you-feel. Hot meal. St. Gabriel's Community Centre (The Cabin) N19 4NH — 7.30–8.30am. Free. Breakfast every day. The Margins Project Union Chapel, N1 2UN — 11am–1pm. Free. Sit-down meal, takeaway, hot showers, laundry & advice. <i>Appointment needed.</i>	FoodCycle Andover Community Centre, N7 — Sat 1pm. Free. Hot meal. St. Gabriel's Community Centre (The Cabin) N19 4NH — Sat 7.30–8.30am, Sun 7–8.30am. Free. Breakfast.